



## TOMODACHI MetLife Women's Leadership Program

-- Do you want to take your leadership skills to the next level? --  
-- Do you want to network with other talented, high-achieving women? --

### Program Background

U.S. Embassy Tokyo and the TOMODACHI Initiative, with dedicated support from MetLife Japan, launched the TOMODACHI MetLife Women's Leadership Program (TMWLP) in 2013 with the objective to develop the next generation of globally active women leaders. Over a 10-month period, highly-motivated Japanese female university students work to hone their leadership skills. Participants attend regular group sessions hosted by the U.S. Embassy that provide training in leadership development and financial empowerment by MetLife Japan. The students (mentees) are paired with female mid-career professionals as mentors to have one-on-one support and networking opportunities. Mentees are invited to visit Washington, D.C. and New York for a weeklong study trip. All participants are invited to attend special seminars with members of government and business leaders.

### 2018-2019 Program: Tokyo, Osaka, Sapporo, and Naha

All meetings are typically held from 1800-2100. Sessions will be conducted in English.

*Note: Dates are subject to change.*

**Tokyo:** September 14 (Fri.), October 19 (Fri.), November 30 (Fri.), December 14 (Fri.), February 1 (Fri.)

**Osaka:** September 21 (Fri.), October 19 (Fri.), November 9 (Fri.), December 14 (Fri.), February 15 (Fri.)

**Sapporo:** August 31 (Fri.), October 26 (Fri.), November 20 (Tues.), December 7 (Fri.), February 22 (Fri.)

**Naha:** September 7 (Fri.), October 5, (Fri.) November 2 (Fri.), December 7 (Fri.), February 8 (Fri.)

**March 20-29, 2019:** Mentees travel to the United States. Travel and lodging provided.

**June 8-9, 2019 (Sat.-Sun.):** Mentors and mentees are expected to attend the capstone TMWLP Annual Conference in Tokyo. Travel and lodging for Osaka, Sapporo, and Naha participants will be provided.

### Eligibility & Selection Process

All participants must be Japanese citizens or permanent residents; available for the entire program; have intermediate spoken English; and, interested in networking with other women, advancing women in the workforce, and making a positive change in Japanese society.

Eligibility for Professional Participants:

- Female mid-level professionals (9+ years professional experience)
- Professionals with overseas educational/work experience are strongly encouraged to apply
- Open to all industries and sectors (including private, non-profit, government and academic)
- Committed to developing the next generation of women leaders by serving as a mentor

Eligibility for Student Participants:

- Female first, second, and third year students at undergraduate universities in Japan
- Demonstrated potential to play a leadership role in the future

**Please submit your applications via email by June 18, 2017 to your local TMWLP office:**

**Tokyo Area:** Submit applications to: [TokyoTMWLP@usjapanCouncil.org](mailto:TokyoTMWLP@usjapanCouncil.org)

**Osaka Area:** Submit applications to: [KansaiTMWLP@usjapanCouncil.org](mailto:KansaiTMWLP@usjapanCouncil.org)

**Sapporo Area:** Submit applications to: [SapporoTMWLP@usjapanCouncil.org](mailto:SapporoTMWLP@usjapanCouncil.org)

**Naha Area:** Submit applications to: [OkinawaTMWLP@usjapanCouncil.org](mailto:OkinawaTMWLP@usjapanCouncil.org)

**Results will be announced on or before August 17, 2018.**